

Pets' Mews



The NewsPaper for Instagramming Plushies, Pets, and their People

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Hello My Friends,
How are you? Welcome to the bumper autumnal issue of PM, or the spring issue of course for our pals in the South! What have you all been up to? We hope you enjoy reading this issue. If you have any ideas for articles, do let us know.

Big hugs, Tippy xxx



READ PETS' MEWS IN RUSSIAN



READ PETS' MEWS IN GERMAN



Food and Wine Festival Reviews with Bertie

by [@bandit.the.niffler](#)



Every year, Walt Disney World in Florida hosts the Food and Wine Festival at Epcot. This year's event runs from July 14 to November 19 and features more than 80 unique dishes and more than 120 beverages (including alcoholic and non-alcoholic).

Bertie the Niffler donned his Chef Remy hat and tried 4 of this year's 10 vegan-as-is food options.



Earth Eats—Impossible meatballs with herbed polenta, rustic puttanesca sauce, and basil pesto: This warm dish was good, a tiny bit spicy, and very flavourful. Bertie could taste the basil long after it left his tongue and entered his belly. (4/5)





India—potato and pea samosas with coriander-lime cream: This dish was nice and crunchy outside and warm and mushy inside. The flavours were exactly as you'd expect—limey, potatoey, and pea-y—but unexpectedly (for Bertie) VERY spicy and gave him heartburn (3.5/5, likely higher for those who can handle the heat)

Tangierine Café: Flavours of the Medina—Fried falafel pita with tahini sauce: The falafels were warm and crispy, while the rest of the dish tasted exactly like a cold whole wheat sandwich with fresh lettuce shreds, tomatoes, and cucumbers. The tahini tasted mildly of dill. (3/5)



Shimmering Sips—Guava mousse on a sugar cookie with coconut-lime whipped cream: The best thing Bertie tried, this only vegan dessert of the festival tasted similar to strawberries and was very light and sweet. The cookie tasted good, but was so hard it broke the plastic fork. (4.5/5, minus 0.5 for hardness of cookie)

Autumn Reading

by @spybatmissions



Convenience Store Woman - Sayaka Murata (2016)

Keiko Furukura has always been different. Her family and friends don't understand her, and they worry about her since she's not like other people. But Keiko herself thinks that her life is quite all right. She really likes her job at the convenience store, where she has been working for 18 years. Keiko is now 36 years old and the people around her think it's time for her to get a real job and meet a man to start a family with. Keiko gets tired of all the questions and nagging and decides to try to silence them once and for all, but it doesn't exactly go according to plan...

This book is a bit different, but it's very sweet and sometimes also funny. It's about not being like everyone else but still find your own way to live life. You just have to be brave enough to be you, no matter what the people around you think and say.





Tree Spotting

by @gasbrick



Do you recognise them?

Can you tell fir and spruce apart?
YES, you can.
And it is much easier than you think.
You don't have to sneak around the tree with a spy glass to inspect the bark, you don't have to climb high to see the arrangement of the needles either.
A look up at the cones is enough.
If these hang down, then it is a spruce.



If they are at the top of the crown and point to the sky, then it is a fir tree.

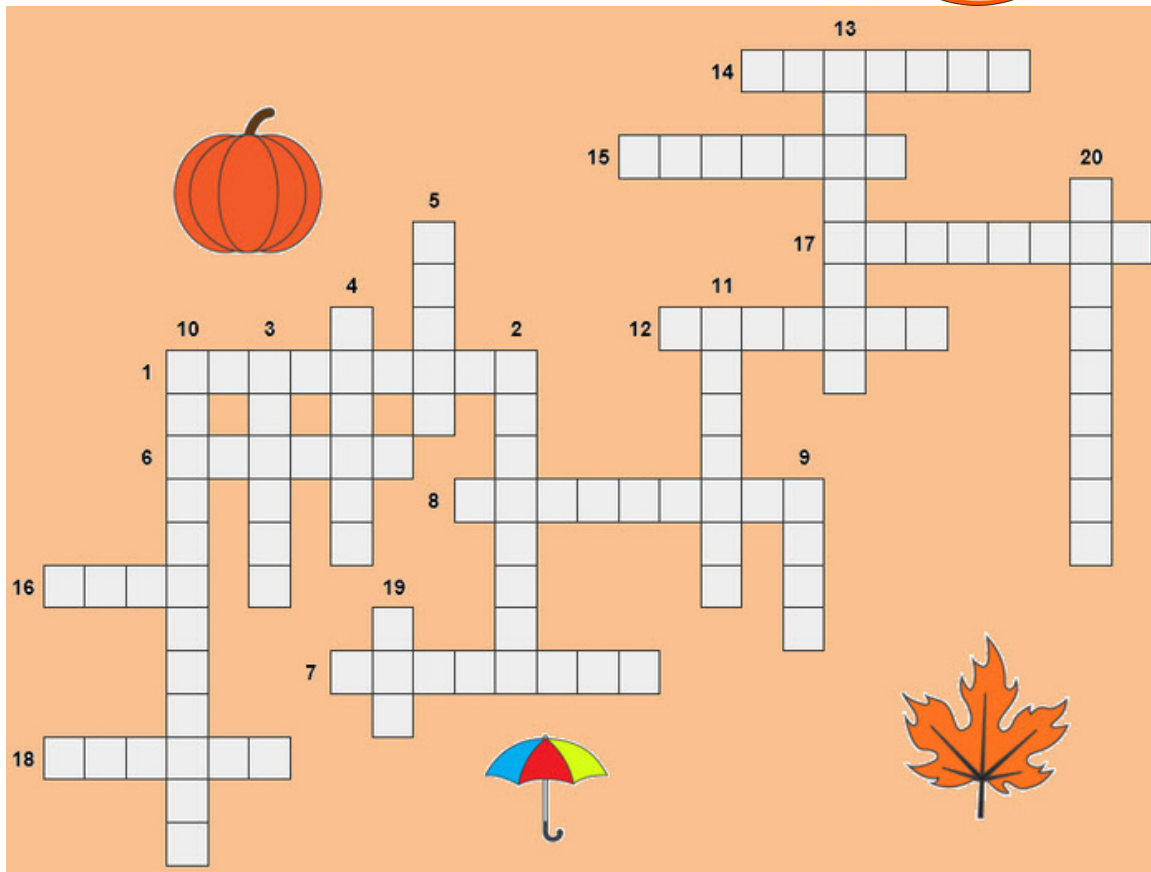


A look at the ground also tells you which tree it is.
The cones you can find there are certainly from the spruce.
Because fir trees don't shed their cones.



Quiz Time!

By @doyka and hedge



Across:

- 1. The fall holiday when everyone is not quite themselves.
- 6. November's full moon is called in honour of this animal.
- 7. Autumn is the most ... time of year.
- 8. The time when it feels like still summer but a bit fall already.
- 12. Tree's dress.
- 14. Fall is the time to reap it.
- 15. It's orange, it's tasty, and it fits a pie perfectly.
- 16. Sky's tears.
- 17. It's green, it's prickly, and it holds a secret.
- 18. Fall is the time of year when it's not cold yet but already ...

Down:

- 2. Remember, remember the 5th of...
- 3. They turn red, yellow, orange in fall.
- 4. The perfect place to walk when it's fall.
- 5. Somewhere between yellow and orange.
- 9. You certainly need this in autumn if you have a backyard (and front yard too).
- 10. Some animals, for example, bears, start looking for it and prepare it in fall.
- 11. Favourite month for Germans and guests who like to drink beer.
- 13. It's better to have one in your wardrobe when fall comes.
- 19. A cloud that touches the ground.
- 20. Is it fall? Has it rained? Just go find them in the woods!

Answers on page 10

A quote to change your mode

By @ausruheulen

"The greatest weapon against stress
is our ability to choose
one Thought over another."
- William James



Often you read in posts that the Humans are stressed and don't have much time for their Plushies. If you ask them what the cause of stress is, they usually mention external circumstances. What Humans often lose sight of is how much they reinforce their stress themselves through their thoughts. Here are a few examples for such thoughts:

1. Be strong! (Don't show emotions! Grit your teeth!)

A person has a mountain of tasks in front of them. They know they could delegate some tasks further. They know they could say "No" when the boss asks them "Do you still have capacity? Can you do this task as well?". But they don't do it because they feel they have to be able to do everything on their own.

Consequence: Human is overloaded because they are not able to perceive or express their own needs. They carry all the burden alone because they want to appear strong and don't not want to accept help.



2. Be perfect! (Make no mistakes! Only top performance is acceptable!).

Many Humans always want to do their tasks 100%. They stay at work until late because they check their tasks again and again, investigate and correct them. Why? To be armed against any criticism from the environment.

Consequence: Human is always under pressure and at the same time permanently dissatisfied with their own performance.

3. Please everyone! (I am responsible for the well-being of everyone! I want to be liked! I'd rather burden myself than others! I don't want to cause a quarrel!)

There are a lot of people who do not want to disappoint anyone, not their boss, not their colleagues or employees. At the same time, they care for their friend who has lovesickness, for the computer problems of their parents and for the garden of the neighbors who are on vacation.

Consequence: Human puts their own interests and needs behind. They arrange their schedule according to what others expect from them. Their own schedule is always disturbed because they can't say "no" to others.

4. Hurry up! (Do not waste time! It should not take so much time for such a task!)

Some people have a strictly timed daily routine without breaks. They always want to do everything immediately. To-do lists chase them through the day.

Consequence: Human gets make mistakes because they try to do everything at the same time. They never live in the moment. They never recover.



5. Work hard! (Be diligent! No pain, no gain! He who never gives up achieves everything)

Maybe your Human accepts the most difficult tasks and always puts in 150 percent hoping that others will finally recognize their value.

Consequence: Because your Human can't dose their effort, they work until exhaustion. They think that if something is not strenuous, it has no value. They also hold on to goals that do them no good or are not achievable.

Beliefs like these are held by all Humans. They come from childhood and were instilled in them by the adults around them. However, a child is not yet able to question these beliefs, so these foreign thoughts are simply absorbed unfiltered and stored in the disguise of their own thoughts in the mindset. Ask your Humans when they had their first experience with these thoughts. And since today they are adults, they can now give themselves new beliefs for the future, beliefs that they would have liked to hear when they were a child, beliefs that create courage and inner peace instead of stress.



Weather Lore

By @gasbrick

Here is your funny weather forecast/oracle with Chilli and Teddy!

October

When it Rains in October, we have a happy field and a happy farmer.

When October. 25 th arrives, all flies have died.

November

The more it snows, the better the soil for grain to grow.

If in the midst of November, the weather is still cloudy, winter will be mild and friendly.





An explanation of black holes, dark matter, and physics and stuff

by @fluffys_fun_adventures

HEALTH WARNING!

**NOT SUITABLE FOR THOSE
WITH SENSITIVE NOSES**



As an alien from outer space, I think I know a thing or two about the universe and would like to share my knowledge with the rest of the plushie community. Let's go explore the universe together and expand our horizons!

Let's start with learning about Black holes. These are super dense objects of matter. Black holes have gravity so strong that even light can't get out. Their force is so powerful, they destroy any thing near them, a lot like my farts.

And then there's Dark matter. We can't see Dark matter, but its influence is felt everywhere, like my farts, too.

Then we come to nebula. These are big clouds of gas floating around in space. Also just like my farts.

And then we have stars, which are big balls of gas burning millions of miles away. Hey, we're back to farts again.

Hmmm, I think I just discovered the grand unifying theory.

Crossword answers

Across:

1. Halloween
6. Beaver
7. Colorful
8. September
12. Foliage
14. Harvest
15. Pumpkin
16. Rain
17. Chestnut
18. Chilly

Down:

2. November
3. Leaves
4. Forest
5. Amber
9. Rake
10. Hibernaculum
11. October
13. Raincoat
19. Fog
20. Mushrooms

Idiomoo!

By @doyka_and_hedge



Peace. Calm. Tranquility. Serenity. Words that are so far away from many of us in these troubled times. We need it. We want it. We want to feel it. We need... we need kukelure. No idea what it means? Well, we will gladly tell you about this Norwegian word full of calmness. And a few others.

1. Kukelure (Norwegian)

If you live in Norway, you are lucky to have all those stunning views spread all over this amazing country. It's no surprise then that Norwegians like to make pause and get lost in their thoughts while relaxing and doing, well, nothing else. This is true kukelure. Somewhere between daydreaming and procrastinating.

2. Seijaku (Japanese)

Life gets faster. Humans always hurry up somewhere, bustle, hustle and, well, forget to smell the roses. And Japanese know it like nobody else. Maybe this is why they have so many interesting words for different states of calmness, when you suddenly remember that life is full of beauty and serenity. You just need to see it. Seijaku is one of such words. It doesn't mean taking a two-weeks leave from work to go to vacation or meditate for three hours. It means taking just a few short moments each day to become calm and recognize the beauty in all its imperfections before returning to your hectic schedule.

3. Ayurnamat (Inuktitut)

Have you ever experienced a state when something happens and you can't control it. "What's done is done" we say or "That's life" we say. But the Inuit say ayurnamat which is a more positive approach to the events beyond your control. And it does have some hope for the better in it too. Considering the unforgiving weather and climate the Inuit have around them almost all year round, we guess you just have to have something like this in your vocabulary.

4. Upekṣā (Sanskrit)

It's hard to stay calm under pressure but the Buddhist monks know a thing or two about staying calm. Upekṣā is the state of balance and calmness of the mind but it's not just an ability to calm your nerves when you must go up the stage for public speaking. It's an art, a much deeper state of almost indifferent calmness when your mind is impossible to be unbalanced by any stressful event that life brings. And, apparently, you need a lifetime to master it.

