

Pets' Mews

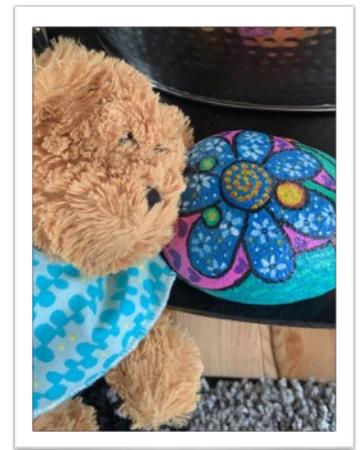
The MewsPaper for Instagramming Pets, Plushies and their People

#KindnessRocks & Hygge Hugs

Plushies Build Bridges

Hello Everyone,

The Very Best of the Season to You!
 It's that magical time of the year again - hooray.
 And as the true spirit of Christmas is one of sharing kindness and happiness, we have a very special issue of PM thanks to our dear pals
 @over_the_hump_with_humphrey (top right) @the_bunny_workshop (top left)



And to warm us even further, we have a special koselig photo shoot with @mauseglueck with some great and kind festive tips (left) And so, my friends, gather round, grab a mince pie and enjoy. Don't forget, you can read this issue in Russian too, thanks to dear @doyka_and_hedge



Благодаря Доечке @doyka_and_hedge, газету Pets' Mews теперь можно читать на русском!

We wish you a very Merry Christmas, Happy Hanukah, Happy Mid-Winter and Happy Time and a great new decade ahead. Yippee!

Love, Doyka and Topsy and our Human Pets
 xxx

PS: See you in February. Do get in touch if you would like to write an article or share your photo with us at Pets' Mews
 xxx





You may have seen some plushies like [@the_bunny_workshop](#) painting rocks, well these are called kindness rocks and are part of the [#kindnessrocksproject](#)

Humphrey and his mom fell into the world of kindness rocks much like his mom did the world of plushies only a few weeks before. Serendipity after trauma. Humphrey, his mom and their neighbour were out walking on a beautiful summer morning and they found the most gloriously painted rock. There was a hashtag on the rock so they looked it up and discovered a whole community of rock painters. Rock painters a beautiful group of people who paint and hide

rocks to uplift and inspire strangers with this small act of kindness.

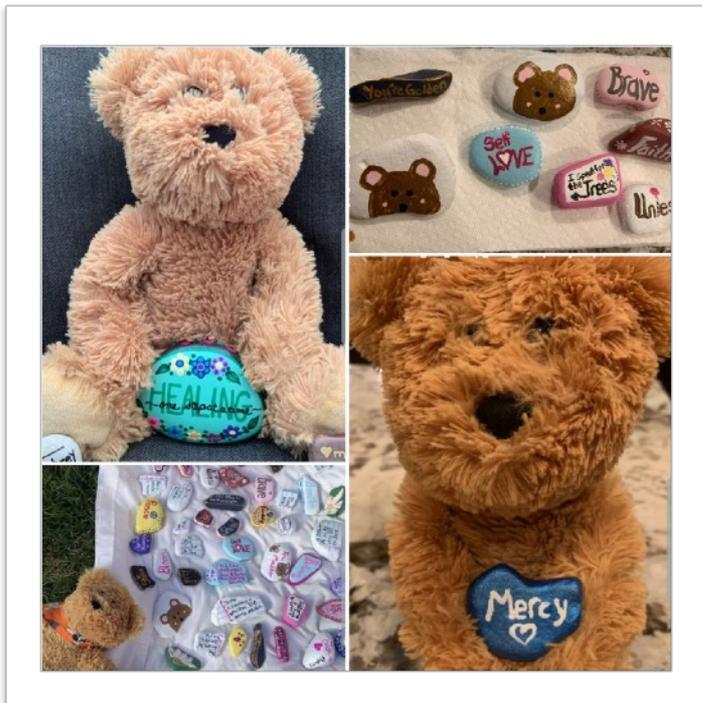
This simple rock gave such a burning feeling of hope. Humphrey and his mom knew right away that they would help! They started to research rocks and randomly became friends with [@s5kindnessrocks](#) who made Humphrey and his mom each a rock with an inspirational message for their journey (top left in the collage).

Humphrey and his mom immediately began painting, often writing messages that his mom struggled with, like you matter, self love, self mercy or maybe just a favourite quote or a favourite song lyric. Sometimes they just paint a cute little bear or a pretty flower. So far they have painted over 100 rocks and don't plan on stopping. Humphrey and his mom are not talented artists but the nice thing with kindness rocks is you don't need to be! A single word is enough to brighten somebody's day!

It might seem like nothing - just a little bit of paint on a rock, but when you feel hopeless and you've lost your faith in humanity a random act of kindness and a soft hug from your bear goes a long way.

If you are interested in taking part in the [#kindnessrocksproject](#) its very easy to start; grab a rock and some paint (acrylic works great) and paint what's in your heart! If you don't have trails near you, leaving the rocks in coffee shops or malls is a great idea! It's guaranteed to brighten a stranger's day and your own! And don't forget to follow the hashtag!

Love, [Humphrey](#)





Kindness Rocks

By: @the_bunny_workshop

The Kindness Rocks project started with a single stone on a beach in Cape Cod and now it is a worldwide project encompassing humans and plushies alike.

The concept behind the project was that one kind message at the right moment can change someone's day, their outlook or maybe even their whole life!

The fun thing about Kindness Rocks is that there are so many derivatives to it. Some plushie's paint the rocks to raise awareness of charities, events, or movements, some use it to spread happiness via cute pictures or inspirational quotes. The possibilities are quite simply endless!

The thing I love the most about it is that it doesn't matter how good you are at painting, (and I am

not very good in that area), (*ps, we disagree with you there, Theo, love, Topsy*) you're sure to brighten someone's day with whatever you create!

I have taken my inspiration from favourite movies, animals and seasons, as well as suggestions from other plushies and looking on other people's accounts and Pinterest. So far I have left some on our travels and passed on some other rocks to my plushie friends to take further afield for me, and have left some locally to be found, too!

I am also making sure that I am stocked up with plenty more for International Drop A Rock Day which is celebrated on July 3rd. This is when people and plushies are encouraged to leave a painted rock in a public space – so what are you waiting for? Grab a brush and get painting!

[Theo](#)





All our little mice are gathered for a little meet-up to spend some hygge time together. Do you want to join us, dear friends? Oh, this would be so much fun! Okay, first of all: Do you know what hygge is?

Hygge is a

Scandinavian word, that describes a feeling, an atmosphere of warmth and cosiness, when you enjoy simple pleasures. Candle lights, also family and friends, eat and drink together, that all can mean HYGGE. On [average](#) Danish people consumes 6-8 kilograms candles per year. German people only 2-3 kilograms. But hygge is becoming more and more popular in Germany too.

The little mice love to make it hygge. They enjoy chocolatier Jamies treats (top left), they love to listen to the adventures of Ed and Polly. And they love to spread some love and happiness. In this crazy world it is more important than ever to spread some love and hygge. And it is really simple. Sometimes it's only a smile to the busy cashier in the supermarket. A friendly hello to the shy neighbour. Or opening the door for an old lady. The little mice have found, that life

is more beautiful, if you help each other, if you share your sweets, if you are friendly to other animals, plushies and,, of course humans. The plushie community is already a very wonderful place. We would never have thought to meet so many lovely friends from all over the world. So let's use our plushie power to make the world a better place! Be kind to each other, enjoy yourselves, invite your friends, light some candles and make it hygge. Thanks for joining us! The little mice wish you a wonderful cosy and happy Christmas-time, sending hugs, love, sweets and luck to all of you all over the world!

Hygge Hugs, [Mice and Rabbits](#)



Your Festive Photos



Our Merry group are, top left to right: @knut_the_old_teddybear, @_kroko.dil_, @luckypearl888
2nd row, left to right: @apenguintravels, @eeyoreroundstheworld, Bronte @theo_bear_uk
3rd row, left to right: @ta.pooh.da.booh, @sobo_and_friends, @furfrog
Bottom row, left to right: @desiree_elselina_cpk, @themolepack, @leocunningbear_and_friends